

HTCCC PEOPLE, PLACE, PRESENCE

REPORT 2018/19



HTC HUMANITY FIRST

Holy Trinity Church and Community Centre

Bringing people together, to empower them to create
a strong and cohesive community.

Introduction

WHAT WE HAVE ACHIEVED AND WHAT WE HAVE LEARNT



We must start by thanking those who fund our work through grants and those partner organisations who invested in the project. So a big thanks to the Community Fund, New Charter Jigsaw Group, Action Together and the Community Investment Fund they manage. We must also thank the user groups and volunteers who, like us, aim to "Bring people together, to empower them to create a strong and cohesive community".

My belief is that investment in an Asset Based Community Development (ABCD) Process or "Grow our own", as I have always called it, is the solution to the problems our local community face as a result of three generations of poverty and almost 10 years of austerity. It is about investment in solutions and not spending on problems. It is transformational in that it aims to put communities at the centre of what we do, and not the top down model of service delivery that we are all used to. This approach ensures that services are "made to measure and not made to fit". In doing so it is empowering for people and communities and represents greater value for money.

The main achievements this year, as you will read, include: - the success at the RHS Britain in Bloom Awards by Ashton Women's Group for their environmental improvements; our partnerships with; Tameside College, New Charter Homes and Jigsaw Housing, Holy Trinity Primary School and the School Ready Project and their involvement with the Age UK Dementia Group – their classes together are truly joyous to experience. Also Age UK's partnership with the Information Advice and Guidance Service.

No process is completely perfect and so it is important for us to reflect on and share the lessons we have learnt, which will help us to improve provision in the future. We have asked ourselves: are the entry level learning needs of our local community greater than we originally thought, or are we simply doing a better job than we imagined at reaching the 'most difficult to reach'? We have also found that there is a real need for ICT training, to promote 'digital inclusion' and for health and wellbeing provision.

First impressions are the things that last and are built upon and therefore we must be safe, caring and welcoming. We must be inclusive and culturally sensitive; we must recognise that many of those we reach have not had an education in their country of origin; our learners lack personal confidence and they have low expectations of support services. Local service providers must recognise that Centre users feel a sense of safety and security here and we think that this is why we have been so successful. However, we also want to encourage women to venture out of their comfort zone to access services outside of the Centre as well, but we recognise that this will be difficult for some of our less confident women, so we will continue to provide services at the heart of the local community.

The re-purposing of the building and asset transfer to the local community in the formation of a community trust that we are working towards will take much longer to achieve than we originally hoped. The building is of an impressive size but more will need to be done to create more usable space given the increasing demands placed upon it. Partnerships are important, but we will always need to ensure they have the local community's and the Centre's sustainability at the heart of the initiative - as we say: "if not here then where?" We really do aim to be at the heart of the local community we belong to and serve.

Thanks for reading.

Carl Kelsall

PPP Project and Centre Manager.

What it all costs

2018/2019 Forecast Outturn	Income
Reaching Communities	£112,687.00
Centre Contribution	£12,000.00
Carry forward from 2017/18	£35,000.00
Capital from Reaching Communities	£10,900.00
Awards for all	£10,000.00
IAG Grant (Community Investment Fund)	£25,000.00
Jigsaw (School Readiness)	£2,000.00
Jigsaw (Environmental Improvement)	£2,000.00
Jigsaw (Creative English)	£2,650.00
Jigsaw (ESOL Sewing)	£4,500.00
TOTAL	£216,737.00

2018/2019 Forecast Outturn	Expenditure
Salaries etc.	£109,500.00
General Running Costs	£15,235.00
Training and Childcare	£12,000.00
Community Development	£8,000.00
Volunteers Expenses	£3,600.00
Utilities	£4,950.00
Capital	£16,133.00
Awards for All (restricted - transfer to 2019/20)	£10,000.00
IAG (restricted - transfer to 2019/20)	£21,154.00
Jigsaw (restricted - ESOL Sewing - also to 2019/20))	£4,500.00
TOTAL	£205,072.00

2019/2020 Budget	Income
Reaching Communities	£119,283.00
Centre Contribution	£15,000.00
Carry forward from 2017/18	£37,000.00
Carry forward from 2018/19 (restricted)	£35,654.00
Carry forward from 2018/19 (unrestricted)	£11,665.00
TOTAL	£218,602.00

2019/2020 Budget	Expenditure
Salaries etc.	£139,500.00
General Running Costs	£15,488.00
Training and Childcare	£19,610.00
Community Development	£10,950.00
Volunteers Expenses	£3,000.00
Utilities	£10,555.00
Consultancy	£3,500.00
TOTAL	£202,603.00

We have welcomed women from:

- | | | |
|---------------|--------------|------------|
| • Albania | • Hungary | • Pakistan |
| • Afghanistan | • India | • Poland |
| • Bangladesh | • Iraq | • Portugal |
| • Bengal | • Italy | • Romania |
| • Bhutan | • Kosovo | • Senegal |
| • Chittagong | • Mexico | • Spain |
| • Congo | • Morocco | • Sudan |
| • Eritrea | • Mozambique | • Syria |
| • France | • Nepal | • UK |



"We are far more united and have far more in common than that which divides us". Jo Cox

Starting Well

ASHTON MARTIAL ARTS

Ashton Martial Arts meets twice per week, Tuesday & Thursday evenings, with two ability classes, beginners (aged 5 years upwards) 7-7.45pm and advanced 7.45-9pm. Through teaching Chinese Kick Boxing we also promote fitness, self defence and emotional well-being.

We currently average nearly 40 members per session. We are fully inclusive- many of our members have lifelong health conditions or additional needs; We simply encourage everyone to participate to the best of their ability, we are happy to amend activities and support them to join in fully. We are proud of how we promote community cohesion; through our members and also their families/ carers we see each week- we go that extra mile to make them feel welcome and inclusive.

We are very proud of our young volunteers too. We have several that volunteer at each session, greeting and booking members in, sorting equipment and training small groups of children along with preparing refreshments. Six volunteers have been able to complete their volunteering section for their Bronze and Silver Duke of Edinburgh Awards and one is currently working on their Gold Award. Over the past year we have successfully received grants from GM Police and Action Together towards room hire, equipment and mats, for which we are very grateful.



Holy Trinity Community Centre have been amazing, supporting us particularly when we have struggled with funding for room hire, making extra space available for our larger sessions, promoting our group on their noticeboard and online and arranging storage for our bulky resources and mats. Some of our volunteers have also benefited from team building residential through the Centre too. They have always been there to support us and help us in any manner they can.

We provide all equipment, you just need to wear tracksuit type clothing. Your first session is free (from £1.50 after that), so why not give us a go?

Rachael Hill, Volunteer.

Starting Well

SCHOOL READY!

"The joint partnership between HTCCC and Holy Trinity Primary School is helping us meet the needs of school readiness; it was set up to engage with vulnerable families before they came to school. This has meant that both school and Community centre can put packages of support together to meet needs at the earliest level. In practical terms this has included support for parenting, specific SEND (Special Educational Needs & Disability) issues and family support. We have been able to build on the sessions by creating bespoke induction processes for children starting nursery, which has enabled them to have the best possible start to their school lives."

Simon Brereton, Head Teacher, Holy Trinity C of E Primary School.



ASHTON YOUTH CLUB - Lindley Educational Trust

AYC currently provide a 3 night a week and holiday provision working with young people between ages of 11-18 years old where we use the outdoors as a tool in working with individuals to promote resilience, empowerment, self-discovery and independence.

Monday evening- is a general youth club drop in session where we offer activities such as pool, table tennis, card games and often hold debate sessions.

These young people are generally more difficult to engage with and are often quite heavily involved in anti-social behaviour – all issues we work hard to tackle on a weekly basis.

Wednesday evening- is our outdoor pursuit session. We work with young people for a yearlong period and by the end of this process we embark on a winter mountaineering expedition to the Cairngorm Mountains. Within this year we will go on various trips to prepare our young people both physically and mentally. We raised a total of £6,000 through fundraisers and bag packs at supermarkets.

We also go camping, canoeing, caving and much more. For many young people this is their first time away from home, they get to practise many skills whilst having the time of their lives. After our return we hold an awards/ presentation evening where partners, funders and parents come to celebrate our achievements.

Friday evening- football session based at Curzon Ashton Football club. This is our most popular session where approximately 40-60 young people turn up weekly. This promotes healthy lifestyles and gives young people an opportunity to play with others who they wouldn't usually. We have taken part in tournaments (a few of which we have won!).

We are very nearly on the way to a 5 night a week provision which will include working more closely with females from our community. We aim to continue our provision to the best of our ability in order to have an impact on the lives of young people who are otherwise marginalised and left voiceless for as long as we possibly can.

Rehna Yaseen, Youth Worker, Lindley Educational Trust.

Living Well

RHS BRITAIN IN BLOOM

Holy Trinity Women’s Group Winners ‘Growing Communities Award’ and ‘Its Your Neighbourhood Award Level 4, Thriving’ 2018

As part of Ashton Women’s Group, we identified that our local community needed some improvement. Therefore, with the help of JIGSAW housing we engaged a group of diverse women and children from the area and we did a community litter pick. The reason why we got involved is because we had a passion to make our community a cleaner and better place to live. Following on from the initial successful litter pick, we organised further community clean-ups. The community helped in planting large planters with herbs, vegetables and beautiful flowers for community use. From this, we are very pleased to announce, we successfully won 2 awards from RHS Britain in Bloom – one where we achieved a level 4, ‘Thriving’ (out of a score of 5), and the second award for bringing communities together.



To top it all we received a Community Contribution award from Jigsaw Group who we would like to thank for all their support and partnership.

Hasna Khan, Outreach Worker, HTCCC.

HOLY TRINITY COMMUNITY CENTRE HANGING BASKET AND LITTER PICK EVENT

On Saturday 30th July 2018, Holy Trinity Community came out to plant hanging baskets as part of a fund raising event to raise money towards the resurface of the MUGA on Blandford Street. Thanks to Jigsaw Homes who donated, plants, soil and baskets as Holy Trinity will be entering for Britain in Bloom this year and judged in August. Jigsaw have also funded 3 raised beds for growing flowers, vegetables, and herbs which is being developed as part of their edible garden for members of the community to enjoy. The children also did a litter pick in the Centre grounds and immediate vicinity supervised by Tameside MBC Neighbourhood Services. This is part of a monthly litter pick organised by residents in the community. The hanging baskets were popular, it was a sunny day and residents chose a variety of plants and were shown how to plant the baskets by Greenscape as this was the first time many residents had planted anything before. Carl Kelsall Centre Manger was on hand with his drill to put up brackets outside their homes. Residents were given leaflets on how to look after their baskets and will be watering them ready for August.

Sue Moorcroft, Tameside MBC, July 2018.



"There is evidence that a clean attractive neighbourhood is likely to be more respected and safer than an uncared for community, our aim is a simple one – to encourage all to have a greater sense of community and to help people improve the place they live and work".

Carl Kelsall, PPP Project and Centre Manager.

COMMUNITY SAFETY

‘Promoting a strong and cohesive community’

"Just a quick note to say thank you for the support of yourself and all at Holy Trinity Community Centre during what has been a challenging and very busy 12 months since I arrived in Tameside. The people brought together by HTCCC have been at the centre of the community engagement work we have been involved in as a neighbourhood policing team in St Peter’s ward, and the building itself has also been invaluable in practical terms; providing an accessible venue right in the middle of the key area for our Autumn public meeting regarding fireworks, anti-social behaviour, and for our forthcoming police drop-in surgeries. I look forward to continuing this joint work through 2019 and beyond".

Inspector 02292 Lee Derbyshire, Place Inspector for St Michaels, St Peters, Waterloo, Hurst, Ashton Town Centre & Tameside Hospital.



VOLUNTEER STATEMENT

"Hello, my name is Arlene and I am just one of the many people who volunteer at the Centre on a weekly basis. We all volunteer for our own reasons, each one as valid as the other. This all contributes to the culmination of a thriving programme in the Centre, whether we be Church volunteers, or project or group volunteers. For me the realisation of this committed band of individuals is visible at celebration events where we all come together for a good time and the good of the community. The diversity of this group is what makes Holy Trinity Community Centre very special! All the volunteers have a personal connection to the community. We all have our own history and story that draws us in, ties us into the Centre. This is not a requirement to be a volunteer but it seems to me to be the glue that holds us together.

There is a definite commitment led by the Management Committee and staff to invest in the community by investing in the volunteers, whether this is by offering training, developing their skills or letting them know that they are valued. This in turn benefits the whole community, ticks all the boxes about community development and community cohesion. 'The proof is in the pudding': we 'reach the parts that others aren't able to reach!'. For example - the hard to reach, the most isolated; like a young woman who I met just last week. She comes from troubled Eritrea, had been in the country for four weeks, didn't know anyone and didn't speak a word of English



and we didn't speak a word of Triginaya. But we managed. Or it's the amazing staff all pulling together, working in their unpaid voluntary time, helping a learner move out of a very vulnerable situation or going more than the extra mile to help the homeless. And for the volunteers it is the satisfaction of knowing that we are all playing our part in the success of the project that makes giving our skills and time worth it."

Arlene Lomax, Volunteer.



CREATIVE ENGLISH

The Women's Creative English Class runs every Tuesday morning (term time) 9.30am till 11.30 am. It is run by two staff Hasna and Razia and volunteers. There are usually up to 40 women in the class from many different communities, of all ages, and speak a number of different languages. The class is aimed at pre entry and entry level of English language.

"We welcome everyone to come and give it a go! Even if you cannot speak a word of English and we cannot speak a word of your language (we have not been beaten yet!) We hope you would go home having been made to feel welcome, know at least five new words and can't wait to come back next week!

The class is not formal like a college class. We do warm ups, help each other in groups, have a break, a brew, and a chat! We teach words that will enable you to handle real life situation such as hospital appointments. But most of all it is about enjoying the session. It's about building your confidence in communication and the things which will help you but it is also about us learning about what works best.

I love my Tuesday mornings, last week I enjoyed working with women from Eritrea, Kosovo, Bangladesh, Syria, and Spain! Where else could I hear stories from all over the world! Sometimes they come with friends or on their own. But however you decide to come, just come, make that first step, you never know where it will take you!

Arlene Lomax, Volunteer.

Living Well



ESOL MY WAY (English for Speakers of Other Languages)

ESOL My Way is a new ESOL (English for Speakers of Other Languages) class we are trialling here at Holy Trinity Church and Community Centre (HTCCC) in hope of securing funding from Tameside College. This class is for Pre-Entry and Entry 1 learners. It is a ten week course and classes take place every Thursday, 10am - 12:30pm.

PARTNERSHIP WITH TAMESIDE COLLEGE

We are delighted to have reached an agreement with Tameside College to deliver much needed Community learning opportunities to women at Pre entry and Entry level learning. To date we have agreed to deliver Pre Entry ESOL using the Creative English Model, Pre Entry – Entry 1 (ESOL My Way Course), Higher Entry 1 - Entry 2 (Speak English Course), and ICT for beginners.

As reflected in this report we work with women who come from many different countries, cultures and backgrounds. They have all come to the UK for many different reasons. However, the one thing they all have in common is their need to learn English to enable them to settle into the country and build relationships. Many are isolated and vulnerable but very keen to improve their skills and we are passionate and committed to help them. "We often ask ourselves if not here then where?" We believe it is the similarities that bring people together and we aim to do that through their need for wanting to learn English and be a part of the community they live in.

This partnership has allowed us to reach women who are difficult to reach and who would not otherwise have access to learning. We pride ourselves on providing high quality Pre-entry - Entry level learning opportunities and building a critical progression route into the main Tameside College campus.

We have 36 learners attending with many others having expressed interest for our next cohort. Staff and volunteers help to support the class.

Lessons and materials are devised to cater for all learner needs ensuring an inclusive learning environment. We concentrate on quality rather than the quantity of information we get through to ensure learning is taking place. We advocate supporting your peers as well promote speaking only English in class. We encourage learners to use this classroom as a platform to practice without being judged. Our classroom mantra is 'Practice, Practice, Practice!' We encourage participation from all and for learners to take ownership over their learning.

Previously, the Pre-entry and Entry Level 1 class delivered at HTCCC was delivered as more of a drop-in. We are very proud to say, all the learners have welcomed the classroom style environment. Attendance has improved and learners enjoy taking their folders home and being able to revise – this has definitely been a change for the best! Learning is definitely being instilled!

Raj Johal, ESOL Teacher and Community Learning Co-ordinator.



It has also given HTCCC an opportunity to become more sustainable and will help with future funding strategies that encourage match funding and partnership working. We are very grateful for the support Tameside College has given us and for believing in our vision.

Carl Kelsall, PPP Project and Centre Manager.

LEARNING COMMUNITY

Life in the UK

Learners need to take the Life in the UK test as part of their application for British citizenship or settlement in the UK. We deliver a Life in the UK class here at Holy Trinity Church and Community Centre and welcome all to attend. The class is every Monday 09:30am – 11:30am.

We pride ourselves on being different to other service providers as we help break down the content within the book and make it easier for learners to comprehend as opposed to just concentrate on doing past papers. We also have different versions of the book available for learners in different community languages. We go beyond and give a richer depth of knowledge about other interesting facts about British history and culture that are not mentioned in the book but arouse interest. And what makes us even more unique is that this class is free of charge!

The learners enrolled on this course have really welcomed the way the class is delivered. Many learners have commented how much they prefer having visuals as a learning tool. We are able to provide both content breakdown and offer learners an opportunity to practice online test papers. Using the online test papers prepares learners as to what to expect in the testing centre. We tailor learning to meet the needs of the learner- we listen and deliver in accordance. We support learners with booking their test and offer assistance throughout their learning journey.

Raj Johal, ESOL Teacher and Community Learning Co-ordinator.

“The Life in the UK is brilliant and we have a fantastic teacher who explains things very well. I feel it is important for me to understand and learn about the values, principles and culture in the UK. I feel like I have gained so much knowledge and this has made me want to find out more about the history”.

Erjona Doda.

“I like the class too much! It is very interesting. The teacher makes it easier by explaining everything and she is very patient with all of us. She is a really good teacher. She is very friendly.”

Noma Orfali.

“I love the Life in the UK. It has made me be interested of the history what I was hating before.”

Timmy Ashraf.

LEADERSHIP RESIDENTIAL

“I had never been on a ‘residential’ before or tried many of the activities we did so there were a lot of new experiences for me. I really enjoyed the caving we did on the leadership residential - it was great fun – a whole new underground world to explore! I also surprised myself by abseiling off a bridge! I was nervous about it but everyone was supporting each other so I felt reassured and was glad that I did it. I particularly enjoyed the bush skills residential at Shining Cliff; it was lovely to be living in the middle of the woods and we learnt some fascinating things about the trees and plants which have made my walks through nature so much more informed. We also had a go at various ways of lighting a fire – with mixed results! - and cooking on an open fire. As a keen hill walker I enjoyed our walks up to Mam Tor and it was great to see people who are not regular walkers challenging and enjoying themselves. The only thing I struggled with on the weekends was the communal living arrangements, as I am not used to this and like to have my own space. I realised that this is something that I need to make more of an effort with so that the whole experience is more enjoyable for me and others.”

Liz Young, Outreach Co-ordinator and Business Support Worker, HTCCC.

“There were four residentials altogether - each had their own challenges and involved different activities. On the whole, they were all out of my comfort zone. Particularly, leaving my family and staying overnight. Despite this, I successfully attempted all the outdoor activities, even though initially I was very scared and reluctant. In the end, I felt relief and a great sense of achievement and very empowered. Also, I was very proud of myself. I gained leadership skills, team building and many other skills which have improved my confidence and in turn I am confident to pass these skills onto others and use them in my daily life.”

Razia Bibi, Outreach Worker, HTCCC.



Living Well

INFORMATION ADVICE GUIDANCE SERVICE

We have so far completed 12 case studies with individuals, about their experiences and interaction with the Centre. Below is an example of our case studies.

Tayyaba Mirza, Information and Guidance Worker



Tayyaba Mirza is a young woman from Pakistan who lives in Ashton-under-Lyne and works part time at Holy Trinity Church and Community Centre as its Information, Advice and Guidance advisor to refugees and immigrants. Tayyaba's education was

very important to her parents and they always encouraged her to pursue her studies, but they also trusted her to make her own decisions about her life; for instance, it is Tayyaba's own choice to wear the hijab. Tayyaba became fluent in Spanish and so took her high school and college examinations in Spanish, including: - sciences, maths, social studies and childcare (as well as Spanish language studies). Tayyaba's native language is Urdu and she is also fluent in Punjabi. She was a studious, mature and self motivated teenager with a sense of adventure – she had ambitions to join the police force or the army. Tayyaba was aware that she had more freedom living in Europe to pursue her own way in life than if she had remained in Pakistan. Moved from Spain to the UK and joined family in 2011.

In Britain, Tayyaba worked hard to improve her English language skills by attending an English course at Oldham College and ESOL and 'functional skills' English classes (as well as maths classes Levels 1 and 2) at Tameside Adult Community Education College. She then progressed onto a one year course in Business Administration at NVQ Level 2, at Ashton Sixth Form College.

This course included a work placement at TARA, an organisation providing information, advice and guidance, which was based at HTCCC. Tayyaba also had a seasonal Christmas job working as a sales assistant in a shop. Tayyaba's hard work and abilities impressed the organisation so much that she was offered a permanent job there which she happily accepted: she was very glad to have the opportunity. Her work involves meeting with clients who need help and advice with confidential personal matters, including their financial circumstances. She helps British people, EU citizens and other foreigners (some of whom are refugees) with; understanding and filling in official forms and applications; household bills and claiming all kinds of benefits, such as Universal credit, working family tax credits and child tax credits. Her fluency in four languages helps her to communicate very effectively with her clients. Given the nature of their problems people can sometimes become upset and worked up but Tayyaba deals professionally and sensitively with all her clients. Integrity and honesty are very important principles for her: she believes in being fair with people and always keeps her advice within the scope of her expertise.

She was very disappointed when she learned that her employer had not processed her DBS check properly. Unfortunately TARA had to close in July 2018 due to a lack of funding but Carl Kelsall, the Project Manager of HTCCC, valued Tayyaba and her work highly and was able to keep her on as an employee of the project. Tayyaba effectively became the manager of the IAG organisation as she took on the responsibility of the whole of the workload. The project is unable to fund her job as a full time role in the long term so she and Carl negotiated with AGE UK following an application to Action Together from both organisations that had identified the same need, to provide services in languages other than English. This led to her becoming employed full time with 2 days at Age UK and 2 days with HTCCC, one day is dedicated to her development and training from February 2019. She was nervous about her interviews with both HTCCC and AGE UK but was very pleased that so many people value her and her work and have encouraged her. She is so glad to be working and helping people and has a huge sense of achievement from everything that she has accomplished. She feels confident, empowered and ambitious for herself and her career.

Timmy Ashraf



Timmy is a 30 year old woman from Hungary who lives in Ashton with her family. Although Timmy had a stable home with her husband and young daughter, she felt isolated and lonely until in 2017 she met Outreach Worker Hasna at the local mosque, who told her

about the help and courses available at HTCCC. Timmy came to the Centre and enrolled on Talk English classes (she had learned English at school but had not used it for years) and soon she started coming to Creative English, Accredited English, Life in the UK and exercise classes too. She found the Centre a safe, friendly place where she felt supported and cared for and there were lots of people to talk to. Her level of English quickly progressed to the extent that she no longer needed to attend classes as a student and became a volunteer instead, helping the Outreach Workers and other staff to teach the various English classes: she has since thrived as she has become one of HTCCC's keenest volunteer teachers.

In 2018 Timmy kept up her regular attendance at the Centre even when she was heavily pregnant. She happily returned to the Centre with her baby boy only two weeks after having given birth! With her new found confidence Timmy has joined other programmes and activities. She has successfully completed an accredited course in Community Organising at HTCCC and an accredited training course to teach Creative English classes. After participating in Tameside Libraries 'Storymakers Project', where she met with professional authors and illustrators, she has been inspired and supported to take up her childhood and teenage writing again and in 2018 she had a children's story book published (which she had also illustrated). She is also doing some online courses, including creative writing, writing for children and a child education course. She would like to earn a childcare education qualification as she now has an ambition to become a teacher.

Ageing Well

NEONATAL KNITTERS

We are a community group with an age range of 20's - 90's who meet weekly every Wednesday 10.30 – 13:00 to knit, crochet and sew vital and often lifesaving items for the babies on the Neonatal units of Tameside, St Mary's and Oldham hospitals. We average around 30 members weekly, are fully inclusive and encourage people of all abilities and visible and non visible disabilities to join us. We make clothing items such as tiny beanie hats which every baby wears from the moment of birth, these have to have holes round the edges to allow breathing and feeding tubes to be held in place. We also make cardigans, blankets, bonding squares - one of these is placed in the incubator under baby and one is kept with mum, on the next visit they swap the squares so that mum and baby keep the scent of each other with them at all times.

It has been proven that as well as baby recognising mum's voice, they can also recognise her scent. We knit 'boobs' which show mum how to express vital milk that is then often tube fed into baby. We sew incubator covers to ensure no light gets into baby's eyes which can cause massive eyesight problems throughout life and help differentiate between night and day.



We are extremely proud of our volunteers without whom we could not provide our vital service to the community.

Simmons Ellams, Volunteer.

DEMENTIA SUPPORT

Our Dementia Wellbeing Group based at Holy Trinity Church Community Hall has recently started collaboration with Holy Trinity School. Once a month our Wellbeing Group is joined by the children from the school to play games, participate in activities and have some wonderful sing a longs together. The sharing of rich life experiences by the Wellbeing Group and the sense of fun and determination by the children has been a definite recipe for success; everyone is enjoying learning and keeping mind and body active.

This joint venture has been so well received by both the school and our group we have all agreed that it will become a permanent monthly event. We also hold weekly Dementia Wellbeing drop-in sessions for one to one help and support at: Beatrix house, Gorse Hall Road, Dukinfield, SK16 5JU, each Tuesday between 1.30pm -3.30pm and at Age UK Tameside, 131 Katherine Street, Ashton-Under-Lyne OL6 7AW, each Thursday between 1.30pm -3.30pm.

Dawn Linnie, Age UK.



For more information on any of the above contact Dawn Linnie on 0161 308 5000 or email: info@ageuktameside.com

Ageing Well



KUSH AMDID

Khush Amdid (KA) is a group that welcomes everybody who attends, try to go that extra mile to make them feel happy and comfortable. It has 6 core volunteers that help to keep KA active and engaged to meet the needs of the community.

KA has over 80 members and has recently celebrated its 20th anniversary with attendance of over 200 family and friends supporting their success and achievements.

KA has a focus of educating, empowering and engaging women to lead fulfilling and happy lives through participating in events and activities within the local community. It supports them to be active members of the community and support each other for emotional wellbeing. Some members had issues of loneliness, depression and physical wellbeing when they first joined KA. However, KA, through its focus on education and empowerment is proud that those members overcome those issues.

Each Monday KA meets at HTCCC 11.30 – 2.30. HTCCC has been very supportive of KA and has accommodated and supported them in many ways. KA works with HTCCC to build community cohesion and reach out to vulnerable and disadvantaged members.



On Thursday KA meets at Cranbrook Gardens 10.00 – 2.00pm. Both the sessions provide the members with a healthy 2 course lunch. On Monday it is cooked on site. Members have the option to request something they would really like to eat – as long as it is healthy.

KA invites speakers to offer information and guidance regarding health and mental wellbeing for example Dementia, Resilience. The sessions are in urdu or translated to ensure access for everybody.

It has organised local trips for members and their families to places such as Blackpool and international trips to places such as Switzerland. The most recent trip has been a 4 day coach trip with members to Llandudno. This was with members of the wider community to promote community cohesion and for increasing access and confidence in integrating with the wider community. It was very successful and will be repeated to a new destination again.

KA promotes community cohesion and involves the whole of the HTCCC community through arranging events such as International Womens day and Fun days.

Volunteers & Awards

WITHOUT YOU WE ARE NOTHING

Bronze Award for over 100 hours

- Niahyda Ahmed
- Yasmin Ali
- Shamina Choudhary
- Fatima Kola
- Timea Zsolnayne Ashraf
- Ruksana Sharmin
- Ansar Zaman



Silver Award for over 200 hours

- Noma Orfali



Gold Award for over 300 hours

- Arlene Lomax
- Caroline Cummings
- Attiq Munir
- Adeeba Wahid



Outstanding achievement awards for services to their group

HTCCC AND THE LOCAL COMMUNITY :

Neo Natal Knitters Community Gathering and HTCCC:

- Jenny Boff
- Sue Carrigan
- Catherine King

ASHTON MARTIAL ARTS:

- Rachael Hill
- Shona Maver
- Jordan Hill
- Qamar Zaman

HTCCC:

- Adeeba Wahid (over 500 Hours)

KHUSH AMDID: "Welcome "

- Sarwar Ibrahim
- Ruksana Ali

COMMUNITY SAFETY:

- Yunus Seedat
- Muzakkir Ali
- Shah Ali
- Shazan Khan

In total our dedicated volunteers have contributed **8095** hours of their time; or over **£50,000** worth of benefit.

Project	Hours
People Place and Presence Project	1225
Neonatal Knitters	5290
Ashton Martial Arts	1080
Kush Amdid	500
TOTAL	8095

People Place and Presence, Year 2 2018/19

PROJECT OUTCOME ONE

'Local isolated women will be empowered to become more active citizens with a focus on those most difficult to reach.'

INDICATOR 1

More engagement activities for women to develop peer support networks at a level of 3 per annum and a time scale of the end of project.

EVIDENCE

We have far exceeded our target with more than 30 engagement activities for women this year: -

ESOL Classes – weekly classes: -

- ESOL Talk English, in partnership with Tameside Adult and Community Education (TACE), for at women at Pre-Entry and Entry Level 1.
- Creative English, for women at Pre-Entry Level.
- English My Way, for women at Pre-Entry and Entry Level 1.
- Accredited English, for women at Entry Level 1 and above, in partnership with Jigsaw Group.

Health and Wellbeing Classes - Two classes per week at two hours per session - 4 hours a week. Piloted from April to November 2018.

Life in the UK Classes - Study for the UK Citizenship Test. One 2 hour session per week.

School Readiness Classes - In partnership with Jigsaw Group and Holy Trinity Primary School. Local pre-school children attend a weekly 2 hour session in term time.

Women's Exercise Classes - Two 1½ hour classes per week ran until November 2018.

Yoga - Piloted for 3 sessions but not to continue.

Arts and Crafts In partnership with Jigsaw Group - Local families were engaged in an arts and crafts project session every month.

Britain in Bloom Awards In Southport - HTCCC won two awards.

Cancer Awareness Talks - Two delivered in Bangla and Urdu to the local community.

Canal Boat Trip - To Portland Basin Museum and a canal boat ride.

Chand Raat - Celebration for Eid. Hosted by our user group Kush Amdid.

Community Celebration Events - We have helped local people to celebrate their special occasions, with 30 private bookings for events, including; birthdays, weddings, Eid, Ramadan parties, Madrasa meetings, partnership events and meetings.

Community Organising Training - Accredited Level 2 and Level 3 training for staff and volunteers.

Defibrillator Training - A 3 hour training session for staff, volunteers and user groups.

Family Residential For local families - In partnership with LET at the Hollowford Centre, Castleton.

Hate Crime Awareness Talk - Thanks to Greater Manchester Police and TMBC's Community safety Team.

Inter Community Sports Event - HTCCC and 5 churches and families playing rounders.

International Women's Day Event - At Oldham Coliseum. A workshop with theatre practitioners and learnt about the Suffragettes and their campaign for the vote for women.

Manchester Cathedral Celebration Event - For Talk English ESOL learners.

Mental Health Awareness Talk - Thanks to Diversity Matters.

Leadership Residentials - In partnership with Lindley Educational Trust (LET). Staff and volunteers took part in four residentials: - Team Building, Management and Skills Development; Bushcraft; Camping & Living in the Outdoors; and an Adventure based residential.

Walk for Life - A walk with members of the Ramblers Association and local MP Angela Rayner's Office to build relationships, enjoy the local countryside and discuss local issues.

Safeguarding Adults at Risk Level 1 and 2 & Prevent Training A full day course attended by staff and volunteers.

St George's Day - A visit to Curzon Ashton Football Club for 100 local people.

Theatre Trip - A rare night out to Oldham Coliseum Theatre, to see Asian comedy drama 'Dishoom'.

Women In Islam Awareness Training - A two day training course attended by 10 local women.

INDICATOR 2

Women report they feel less isolated as a result of the project at a level of 100 women in Year Two.

EVIDENCE

Of 101 women questioned 100% reported that they feel less isolated as a result of the project

INDICATOR 3

Increased volunteering at a level of 1,200 hours per annum and a time scale of the end of the project.

EVIDENCE

Our dedicated volunteers have given many hours of their time:

People Place Presence - 1225hrs
Ashton martial Arts - 1080hrs
Kush Amdid - 500hrs
Neo Natal Knitters - 5290hrs

Giving a total for the Centre for 2018/19 - 8095hrs

People Place and Presence, Year 2 2018/19 (Cont.)

PROJECT OUTCOME TWO

'Improved skills, self-esteem and life chances for local people with a focus on those who are most difficult to reach.'

INDICATOR 1

Local women involved in entry level learning at a level of 200 women - 50 in Year One, 75 in Year Two and 75 year in Year Three.

EVIDENCE

The total number of women engaged in entry level learning at in year one was 135 and in year two was 117, giving a total of 252 for the project to date.

INDICATOR 2

Local women reporting increased confidence and self-esteem at a level of 100 women - 20 in Year 1, 40 in Year 2 and 40 in Year 3.

EVIDENCE

In year one of the project 54 women said that their confidence and self-esteem had improved. Of 101 women questioned 100% they have great confidence as a result of the project. Of 101 women questioned 100% say they have improved self-esteem thanks to the project.

INDICATOR 3

100 women progressing into education, by the end of the project.

EVIDENCE

11 women in year one and 67 women in year two, giving a total for both years of 78.

Accredited courses women have progressed onto in year two of the Project:-

- Tameside ACE - 23 learners doing 434 courses, including; ESOL Entry Level 3; ESOL for Leisure; Functional Skills; Phonics; Confidence Building; Retail; Caring for Children Level 1.
- Community Organising Course at level 3 - 10 learners.
- New Charter Housing, Jigsaw Group - Food Hygiene Course - 8 learners.
- Accredited English - 14 learners.
- Creative English Training - 12 learners.

PROJECT OUTCOME THREE

'Sustaining an affordable, accessible, local asset to create a stronger, more cohesive community, connecting local people to tackle problems.'

INDICATOR 1

Increased mixing of diverse community members through community cohesion events, at a rate of 4 events per annum.

EVIDENCE

Britain in Bloom Awards And Community Clean Up Campaign.

Chand Raat Eid Celebration Event - Attended by 200 people, hosted by Kush Amdid.

Dementia Support Group - Providing a venue for a weekly session, in partnership with AGE UK.

Family Fun Day - In aid of the renovation of the local Multi Use Games Area, attended by 500 people.

Fireworks - The local community's response to anti-social behaviour.

Hate Crime Panel - Local representation by our Outreach Workers Hasna and Razia.

Pakistani Independence Day Celebration - Hosted by Kush Amdid, attended by 70 people.

Restorative Justice Panel - Two local women are members of the panel.

Please also see our latest provision timetable to demonstrate the diverse users of the Centre and the activities that they take part in.

INDICATOR 2

Increased diverse users of the building report they feel the Centre is accessible and central to collectively overcoming local issues.

At a level of 3 community campaigns / ABCD projects per annum.

EVIDENCE

Of 60 women questioned, 70% strongly agreed and 30% agreed, that the Centre is 'safe and welcoming', and 67% strongly agreed and 33% agreed that 'the workers are friendly and respectful'.

Campaign to renovate the MUGA - Involving HTCCC, Tameside MBC, LET, Curzon Ashton Football Club Youth Group and local residents.

Community Clean Up Campaign - Including litter picking, our Hanging Basket Day for local residents and our success at the Britain in Bloom Awards 2018.

Family Fun Day - Bringing 500 local people together from a range of different backgrounds.

Remembrance Day Activities - To increase awareness of Remembrance Day and the 100th anniversary of the end of the First World War. We looked at the casualties suffered by all nations in the conflict.

INDICATOR 3

Case studies report individuals and the community is more cohesive, at a level of 30 case studies by the end of the project.

EVIDENCE

Of 60 women questioned, 65% strongly agreed and 35% agreed, that the Centre has 'helped to bring the local community together'.

CASE STUDIES

We have so far completed 12 case studies with individuals and 14 group case studies.

We would like to thank the following organisations for helping us
'bring people together, to empower them to create
a strong and cohesive community.'



Ask yourself...
If not here, then where?

