

Case Studies



Shahida

Shahida is a 32 year old Muslim woman of Bangladeshi origin. She is the eldest sibling with four younger sisters and one brother. Growing up, she lived as part of a large extended family and her father, a well-known member of the Bangladeshi community in Ashton, has a successful family business. Therefore Shahida had a very comfortable upbringing.

Shahida has been happily married for 9 years to her first cousin and lives with her husband and three children age 7, 3 and 7 months in their own two bedroomed house. She continues to live in the Holy Trinity area of Ashton where she herself grew up and she attended Holy Trinity School which is where her children currently attend. She considers herself very much part of this community.

Shahida went to an Islamic Boarding School in Bradford after primary school. She missed her family but was allowed home every two weeks. She was there for five years studying for GCSE's in English, Maths, Science, Arabic and Urdu. On her return home at age 16 years, she enrolled at Tameside College on a two year course to study Childcare (Levels 1 and 2) and afterwards went to Hyde Clarendon College for a one year course in Health and Social Care. She subsequently worked in a couple of private day nurseries before marrying and after her marriage, she became a midday assistant at Holy Trinity Primary School as well as doing voluntary work there in the nursery and reception class. Her gentle, calming presence is much valued around children and she is always smiling. Since being at home with her children, Shahida has studied for her Level 3 in Childcare.

Shahida was a quiet, shy, submissive child growing up. Not as academically bright as her siblings who all went onto university, her family did not have a lot of faith in her capabilities and questioned what she would be able to achieve in life. This impacted on her life and she lacked self-confidence and felt isolated even within her own family.



Holy Trinity Community Centre, Dean Street,
Ashton-under-Lyne, OL6 7HD

T: 0161 339 0236 E: holytrinityccc@outlook.com
W: www.htccc.org



Case Studies

Therefore when her friend Hasna Khan who is currently an Outreach Worker at Holy Trinity Centre introduced Shahida to the Centre, she started volunteering in the crèche to build her confidence and soon became a valued member of the team. When an employment opportunity arose, Shahida was directed to the Centre's childcare provider and was successful in getting a job in the crèche for 3 sessions a week. Shahida feels that without the help of the community centre she would have fallen into depression. She is very grateful to have been given the opportunity to shine and she is now thinking of doing a Level 4 in childcare, with her work in the crèche counting towards this qualification.

Whilst at the Centre, Shahida initially did the Induction Day for volunteers and has since taken part in the Neuro-Linguistic Training Day. She has enjoyed meeting new people and making new friends and now that she is a part of the team, women approach her to ask for help which is a huge boost to her self-confidence. She believes the Centre has had such a positive impact on her life - it has given her self-belief and she would be really happy to see others similarly benefit from attending the Centre.



Holy Trinity Community Centre, Dean Street,
Ashton-under-Lyne, OL6 7HD

T: 0161 339 0236 E: holytrinityccc@outlook.com
W: www.htccc.org

